





## Player Profile

Player name \_\_\_\_\_

Contact \_\_\_\_\_

Birthday \_\_\_\_\_

Tutor Group \_\_\_\_\_

Parent name \_\_\_\_\_

Parent phone \_\_\_\_\_

Email \_\_\_\_\_

PREFERRED POSITIONS \_\_\_\_\_

STRENGTHS	IMPROVEMENTS

### PLAYER PROGRESS NOTES

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## PLAYER SKILL CHECKLIST

Players 11 years and over

NAME:		TEAM:	
RATING -	1 – BELOW AVERAGE	2 – AVERAGE	3 – ABOVE AVERAGE
		Ratings	Comments
<b>BALL SKILLS</b>			
PASSING			
CATCHING			
PASSES TO SPACE AHEAD			
<b>GENERAL SKILLS</b>			
BALANCE			
PIVOTING			
VISION OF COURT PLAY			
AWARENESS OF SPACE			
TEAMWORK			
<b>DEFENDING</b>			
INTERCEPTION			
RECOVERY			
CIRCLE DEFENCE			
SHADOW DEFENCE			
<b>ATTACKING</b>			
DODGING			
TIMING			
POSITIONING			
<b>FITNESS</b>			
SPEED			
ENDURANCE			
ELEVATION			

RECOVERY		
CONCENTRATION		
PLAY UNDER PRESSURE		
ABILITY TO READ PLAY		
<u>COMMENTS</u>		
<u>MATCHPLAY:</u>		
<u>TRAINING, ATTITUDE &amp; BEHAVIOUR</u>		
<u>COMMENTS</u>		



# SCORING & STATISTICS

OPPOSITION

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

	Q1	Q2	Q3	Q4
GS				
GA				
OPPOSITION				
GS				
GA				

Skill Focus/Goal

- 1:
- 2:
- 3:

PLAYER	INTERCEPTS	TIPS	CPR	SCORE FROM TURNOVER	Skill Focus 1	Skill Focus 2	Skill Focus 3	

**SCORE** \_\_\_\_\_

**BEST PLAYER** \_\_\_\_\_

APPENDIX A

COACHING SESSION TEMPLATE

<p>AGE:</p>  <p>TIME:</p>	<p>OUTLINE OF SESSION:</p>	<p>SESSION</p>	
<p>EQUIPMENT.</p>		<p>SKILL DEVELOPMENT</p>	
<p>GROUP ORGANISATION</p>			
<p>KNEE PROGRAM WARM-UP (10-12 MINUTES)</p>			
<p>SKILL WARM-UP</p>			

<p>SKILL DEVELOPMENT (CONTINUED)</p>	<p>MODIFIED GAME/MINOR GAME (10 MINUTES)</p>
<p>EVALUATION</p>	<p>CONCLUDING ACTIVITY (5 MINUTES)</p>

Tem







# Training Diary

## Team Details

It's good to have information about your team

Team Name: \_\_\_\_\_

Division: \_\_\_\_\_

Coach: \_\_\_\_\_

Manager: \_\_\_\_\_

Captain/s \_\_\_\_\_

Player List:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_